

Outreach and Prevention Services

Multi-Disciplinary Outreach Services

What is Outreach and Prevention Services (OPS)?

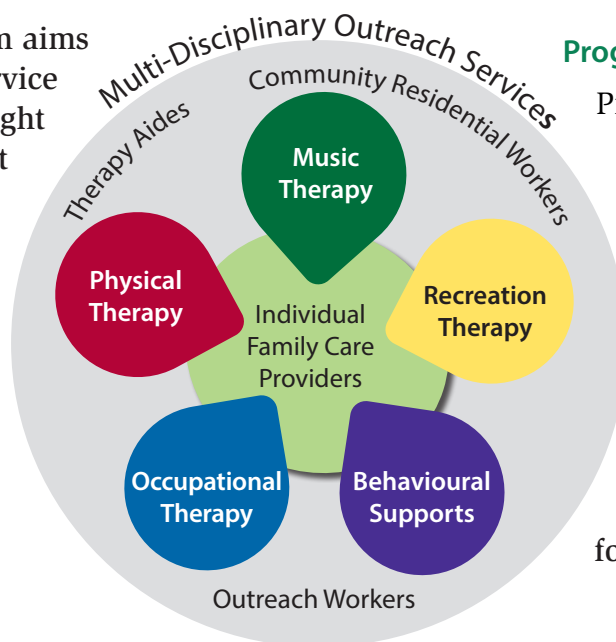
Community Living Service Delivery's Outreach and Prevention Services provides crisis management services, residential/respite services and outreach services to individuals with intellectual disabilities who have unmet needs and challenges that interfere with their ability to fully participate in their communities.

What is Multi-disciplinary Outreach (MDO) service?

Multi-Disciplinary Outreach Services is a service stream of CLSD's Specialized Programs Unit which provides individuals with intellectual disabilities access to a team of professionals to address their individual holistic needs, to enhance their independence and quality of life.

The MDO services team aims to provide the right service at the right time and right place, to improve client outcomes.

The intent of the MDO service is to enhance, not duplicate, the community's existing resources while filling a gap in the service continuum.



How can individuals access MDO services?

Individuals, family, agencies can contact their local Community Living Service Delivery Community Service Workers/Community Intervention Workers to complete a referral for Multi-Disciplinary Outreach Services through Outreach and Prevention Services.

MBO Professional Disciplines

Community Intervention Worker

Community Intervention Workers provide both case management and program support to clients with complex needs.

- Intensive case management
- Direct behavioural intervention
- Community-Based Organization (CBO) development
- Integrated case management expert

Program Development Consultant

Program Development Consultants provide support to individuals, support providers and agencies.

- Teach behavioural intervention and program strategies
- Provide guidance, direction, and support for behavioral program design, implementation, and evaluation
- Evaluate training programs for CBOs

Occupational Therapist

Occupational Therapists draw on the theories of neurology, anatomy, physiology, and psychology to help people overcome the limitations of their disability – to help individuals participate in activities that are most meaningful to them.

- Provide consultation, assessment and intervention recommendations to enhance, or restore, an individual's skill and independence
- Focus on neurological, mental health and sensory processing issues

Music Therapist

Music therapy is the skillful use of music and musical elements by an accredited music therapist.

- Canadian Association of Music Therapists

- Promote, maintain, and restore mental, physical, emotional, and spiritual health
- Use music's nonverbal, creative, structural, and emotional qualities to improve contact, interaction, self-awareness, self-expression, communication, and personal development

Physiotherapist

Physiotherapy helps clients to improve strength and flexibility, increase freedom of movement and mobility, breathe easier, reduce pain, stay active, and prevent injury so they can participate in activities that are important to them.

- Provide consultation, assessment and recommendations to restore, maintain and maximize a client's neuromusculoskeletal and cardio-respiratory systems
- Focus on rehabilitation, as well as prevention of injury, and promotion of health and fitness

Recreational Therapist

Therapeutic Recreation/Recreation Therapy is a profession which acknowledges the significance of leisure and recreation as integral components of optimal health and well-being of individuals with illnesses and disabling conditions

- Work with individuals with physical, intellectual, emotional, or social limitations that impact their ability, attitude and motivation to engage freely in leisure and to maintain a healthy and balanced leisure lifestyle
- Promote, educate, facilitate, and enhance quality of choices

Outreach Worker/Therapy Aide

Outreach Workers and Therapy Aides are support people who can provide front line support under the direction of the care professional.

- Collect data requested for assessment
- Carry out recommendations during assessment or intervention phase of MDO service
- Model consistent approaches for support providers

Community Residential Workers

Community Residential Workers have specific experience and training to support individuals during crisis or transition in a home setting.

- Promote participation in home and community activities
- Carry out recommendations during assessment or intervention phase of MDO service