

P.R.I.D.E.

Parent Resources for Information Development and Education

What is PRIDE?

- PRIDE is a licensed model of practice for the development and support of foster and adoptive families.
- PRIDE was designed with the help of foster and adoptive parents to strengthen the quality of care to children.
- PRIDE provides a standardized, structured framework for
 - recruiting
 - selecting
 - preparing
 - supporting foster and adoptive families
- PRIDE provides Pre-service and In-service training as well as ongoing professional development.
- PRIDE is **not** just a training program, but a model of practice.
- PRIDE contains PRIDEbooks, Training Manuals, and Assessment Tools.

PRIDE is based on the following five competencies:

1. Protecting and nurturing children
2. Meeting children's developmental needs and addressing developmental delays
3. Supporting relationships between children and their families
4. Connecting children to safe, nurturing relationships intended to last a lifetime
5. Working as a member of a professional team.

PRIDE consists of "Pre-Service", "Core" (In-service), "Advanced" and "Specialized" Training Modules

PRIDE Pre-Service

- The curriculum consists of nine three-hour sessions of group training.
- This training prepares prospective foster and adoptive families by combining a series of at-home consultation meetings with group training sessions. A mutual assessment/homestudy for readiness to foster or adopt is then completed.
- Pre-service competencies are essential before a child is placed and are addressed in the Pre-service training (i.e. foster and adoptive parents must know the importance of promoting a child's positive sense of identity, history, culture and values to help develop self-esteem).
- A mandatory three-hour Saskatchewan Aboriginal Cultural Component session as well as a 17-hour First Aid/CPR course are required training as part of the approval process.



PRIDE Core (In-service)

- There are 12 Core (In-service) training modules (approximately 100 hours). The first two modules are mandatory training for all foster families, as well as a three-hour Fetal Alcohol Spectrum Disorder (FASD) session.
- During the annual review process foster parents and their resources worker will work together to complete a Family Development Plan which is designed to assess a family’s strengths and identify training needs from among the remaining Core modules in relation to the five competency categories.
- These training sessions provide ongoing support and professional development for all approved foster families. (Core modules are not required training for adoptive families, however they may be provided upon request.)
- The five competency categories must be understood by all members of the professional team (i.e. “Supporting relationships between children and their families” – foster parents and child welfare workers must work together to support family contact and visits which are appropriate to each individual child and family situation).

PRIDE Advanced

- More experienced foster families require advanced competencies (i.e. foster parents learn the Ministry’s approved methods to de-escalate aggressive behaviour and can apply them appropriately).
- These modules include knowledge and skills that refine and enhance their performance as members of a professional team.

PRIDE Specialized

- Through PRIDE Specialized training modules, the most experienced foster families will acquire the knowledge and skills to work in a particular area of expertise (i.e. working with teen parents, or caring for medically fragile infants).

Progression of Learning (Pre-Service to Advanced and Specialized)

1. Awareness
2. Knowledge/Understanding
3. Understanding how knowledge and skills apply to caregiving
4. Skill Acquisition