

# Acquired Brain Injury (ABI) Partnership Brain Walk

## What is Brain Walk?

Brain Walk is an interactive program that walks through the brain to help students from kindergarten through grade six learn about the different functions of the brain and how to keep their brain safe and healthy.

Brain Walk engages participants with interactive questions, displays, demonstrations, and hands on activities. Students are divided into small groups and proceed through ten stations:

Station 1: The Brain & Nerves

Station 2 & 3: Frontal Lobe

Station 4: Parietal Lobe

Station 5: Temporal Lobe

Station 6: Occipital Lobe

Station 7: Cerebellum and Brain Stem

Brain Walk Programs can be run in locations across the province.

Station 8: Alcohol, Drugs, and Your Brain

Station 9: How to Take Care of Your Brain

Station 10: What Happens if You Hurt Your Brain?

## What do You Need to Host Brain Walk?

- School Gym/Community Hall
- Students/participants
- 12 Volunteers
- Tables
- Chairs

## How Much Time does it Take to Run a Brain Walk?

The time required depends on the number of participants; it takes about 70 minutes for a group of 60 students to fully experience Brain Walk. Around 240 students can participate in a school day.

## What is the Cost of Brain Walk?

Brain Walk requested through the ABI Education and Prevention Coordinators is FREE.

[saskatchewan.ca](http://saskatchewan.ca)

Funded by:



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## Special Considerations

Brain Walk is open to anyone who wants to learn more about the brain. It is also accessible to people with disabilities.

Some items used for activities and demonstrations may cause allergic reactions. These can be modified if needed.

Students and teachers who participate in Brain Walk will be asked to fill out an evaluation form.

## How to Request a Brain Walk for Your School?

To request a Brain Walk, contact an ABI Education and Prevention coordinator in the area closest to you. Arrangements can be made to provide programs in locations across the province.

### North Education & Prevention Coordinator

C/O North Outreach Team  
1521-6<sup>th</sup> Avenue West  
Prince Albert, SK S6V 5K1  
Phone: 306-765-6470

### Central Education & Prevention Coordinator

C/O Central Outreach Team  
701 Queen Street  
Saskatoon SK S7K 0M7  
Phone: 306-655-8433

### South Education & Prevention Coordinator

C/O South Outreach Team  
2180-23<sup>rd</sup> Avenue  
Regina SK S4S 0A5  
Phone: 306-766-5144

### General inquires can be sent to:

[SHApredventionABI@saskhealthauthority.ca](mailto:SHApredventionABI@saskhealthauthority.ca)

The E&P Coordinators can also be found on social media:

