

Saskatchewan Population Estimates

Second Quarter 2025 (April 1 - June 30)

Quarterly Population Growth

- As of July 1, 2025, Saskatchewan’s population was estimated to be 1,266,959 with an annual growth of 19,091 people.
- Saskatchewan’s quarterly population increase of 0.19 per cent (2,422) was the fifth highest among the provinces and higher than the national average (Chart 1).
- Net international migration (+2,638) and natural increase (+806) drove Saskatchewan's population gain this quarter, partially offset by net interprovincial migration (-1,022).

Chart 1: Q2 2025 over Q1 2025: Provincial Ranking of Population Growth Rates

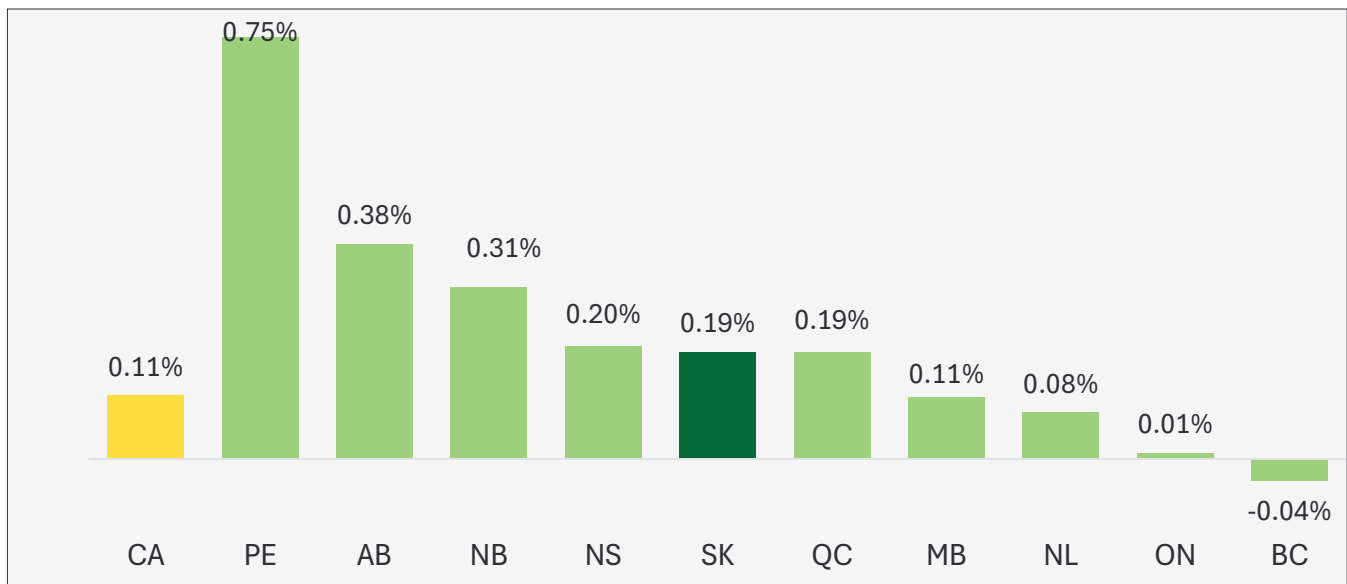


Table 1: Population by Provinces & Territories

	As of July 1, 2025	Change (Q2 2025/Q1 2025)		Rank (%)
		#	%	
Canada	41,651,653	+47,098	+0.11%	
Prince Edward Island	182,657	+1,368	+0.75%	1
Alberta	5,029,346	+19,268	+0.38%	2
New Brunswick	869,682	+2,668	+0.31%	3
Nova Scotia	1,093,245	+2,208	+0.20%	4
Saskatchewan	1,266,959	+2,422	+0.19%	5
Quebec	9,058,297	+17,174	+0.19%	6
Manitoba	1,509,702	+1,671	+0.11%	7
Newfoundland & Labrador	549,911	+455	+0.08%	8
Ontario	16,258,260	+1,722	+0.01%	9
British Columbia	5,697,536	-2,154	-0.04%	10
Yukon	48,278	+189	+0.39%	
Northwest Territories	45,950	+75	+0.16%	
Nunavut	41,830	+32	+0.08%	

Source: Statistics Canada. Table 17-10-0009-01

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Saskatchewan Bureau of Statistics

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Annual Population Growth - Q2 2025 over Q2 2024

- Saskatchewan’s population increased by 19,091 people over the past 12-month period.
- Saskatchewan’s population grew by 1.5 per cent, the eight lowest among the provinces and above the national growth rate of 0.9 per cent (Chart 2).
- Saskatchewan’s population increase was primarily driven by net international migration (+19,622) and natural increase (+1,975), while net interprovincial migration(-2,506) partially offset these gains.

Chart 2: Q2 2025 over Q2 2024: Provincial Ranking of Population Growth Rates

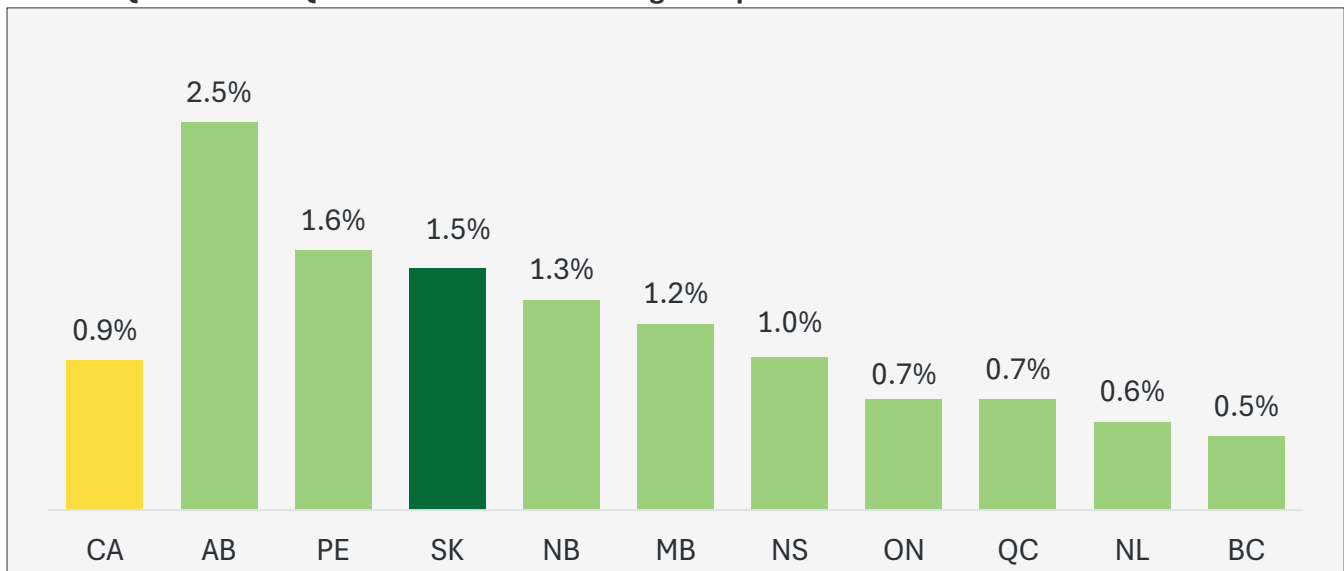
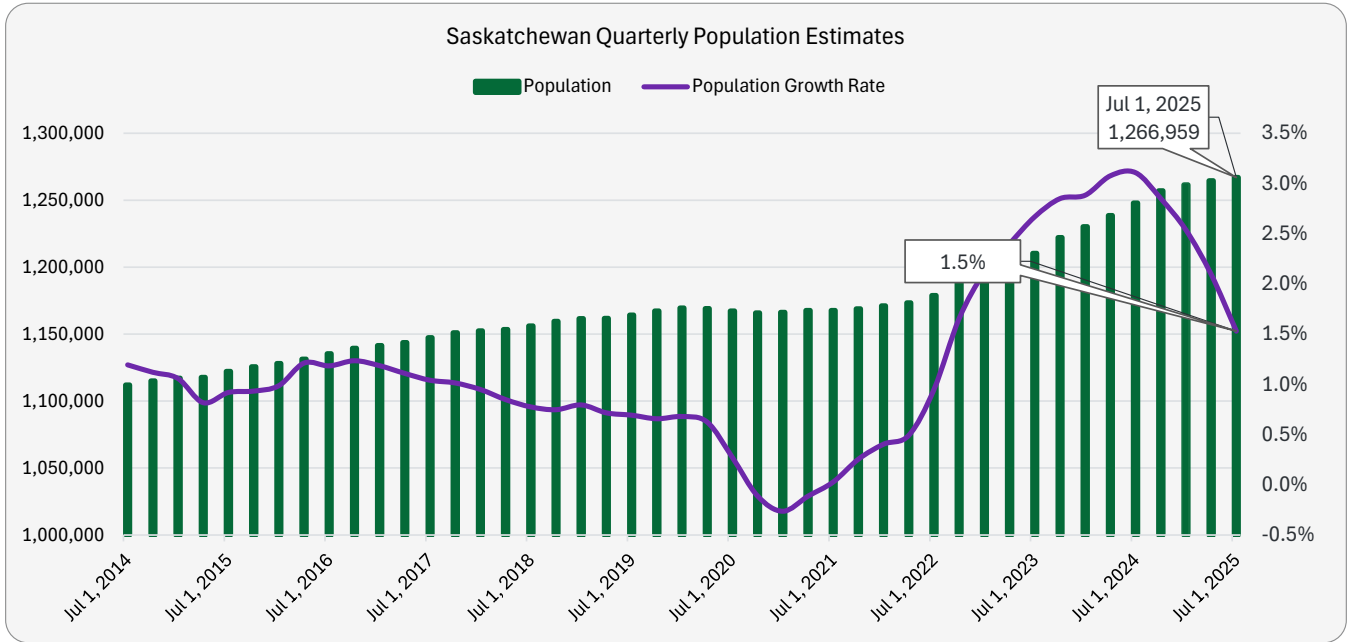


Table 3: Population by Provinces & Territories

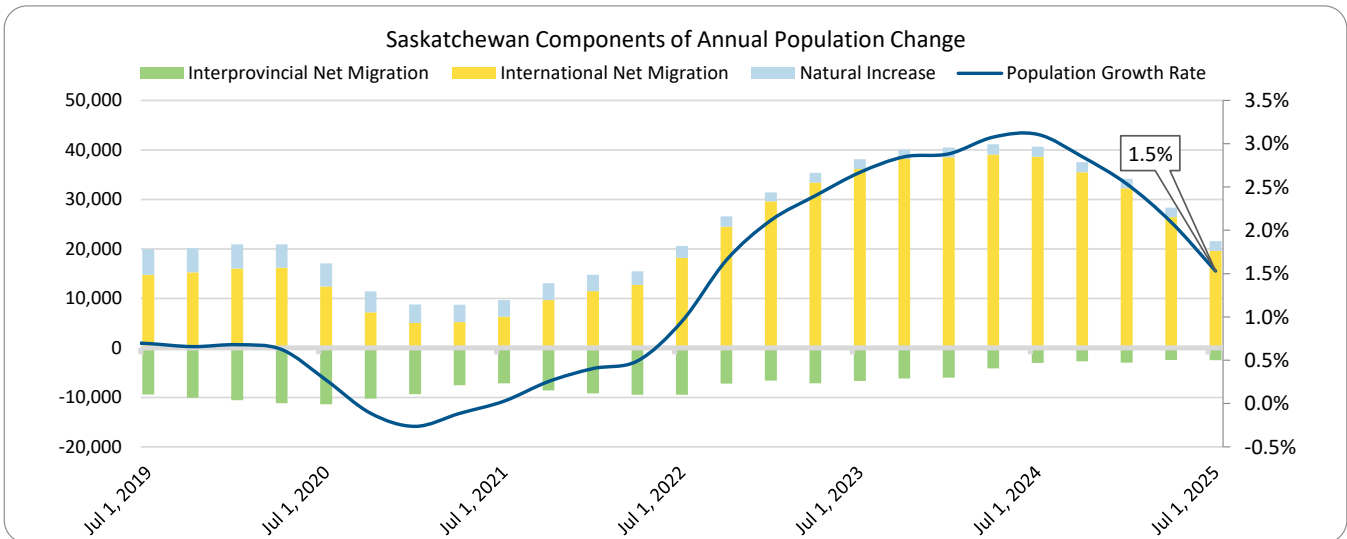
	As of July 1, 2025	Change (Q2 2025/Q2 2024)		Rank (%)
		#	%	
Canada	41,651,653	+389,324	+0.9%	
Alberta	5,029,346	+120,316	+2.5%	1
Prince Edward Island	182,657	+2,948	+1.6%	2
Saskatchewan	1,266,959	+19,091	+1.5%	3
New Brunswick	869,682	+11,389	+1.3%	4
Manitoba	1,509,702	+17,558	+1.2%	5
Nova Scotia	1,093,245	+10,476	+1.0%	6
Ontario	16,258,260	+113,463	+0.7%	7
Quebec	9,058,297	+62,823	+0.7%	8
Newfoundland & Labrador	549,911	+3,042	+0.6%	9
British Columbia	5,697,536	+26,422	+0.5%	10
Yukon	48,278	+683	+1.4%	
Northwest Territories	45,950	+693	+1.5%	
Nunavut	41,830	+420	+1.0%	

Saskatchewan Population Trend



- From July 2014 to July 2025, the population increased by an average annual rate of 1.2% from 1,111,989 to 1,266,959.
- Population growth dipped during the 2020–2021 COVID-19 period but surged to a 3.1% peak in April 2024 before leveling off in July 2025.

Saskatchewan Components of Population Change Trend



- International net migration remains the primary driver of Saskatchewan’s population growth, offsetting low natural increase and persistent interprovincial net outflows. International net migration was 19,622 between July 1, 2024 and June 30, 2025, under 20,000 for the first time since July 2022.
- Interprovincial net migration steadily improved, with outflows decreasing from -9,493 in 2022 to -2,506 in 2025.

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Natural Increase

• Saskatchewan added 806 people through natural increase, a net difference of 3,333 births and 2,527 deaths. In the same period in 2024, Saskatchewan's natural increase was 785 people.

Migration

- Interprovincially, 6,240 Canadian residents moved to Saskatchewan while 7,262 Saskatchewan residents left the province for a net loss of 1,022 people.
- In the same period in 2024, Saskatchewan had a net interprovincial migration loss of 932 people.
- Alberta was the primary source of Saskatchewan's interprovincial migration movement. Of Saskatchewan's total interprovincial migration, 36 per cent (2,225) came from Alberta and 45 per cent (3,289) moved to Alberta.
- Saskatchewan's largest population exchange was with Alberta, British Columbia and Manitoba.
- Among the provinces, Alberta had the highest net interprovincial gain of 6,187 people, while Ontario had the highest net interprovincial loss of 6,154 people (Table 2).
- Net international migration increased by 2,638 people during the second quarter of 2025. In the same period in 2024, net international migration was (+9,424).

Table 2: Origin and Destination of Interprovincial Migrants - April 1, 2025 to June 30, 2025

Origin (From)	Destination (To)												
	BC	AB	SK	MB	ON	QC	NB	NS	NL	PE	YT	NT	NU
BC	0	8,931	1,138	902	5,584	906	401	511	271	179	226	94	25
AB	7,906	0	2,225	973	5,793	757	499	885	495	177	71	270	59
SK	1,297	3,289	0	528	1,704	99	91	88	38	26	88	14	0
MB	1,452	1,623	687	0	1,680	215	90	118	80	51	16	22	66
ON	7,418	8,780	1,693	2,106	0	5,241	1,797	3,006	899	882	73	164	276
QC	1,251	1,093	243	208	6,407	0	628	423	33	590	103	14	22
NB	375	485	27	138	1,324	636	0	595	202	105	0	0	15
NS	496	795	78	123	2,045	226	618	0	243	122	9	25	49
NL	143	562	38	62	593	178	152	262	0	96	0	11	0
PE	86	210	19	35	543	107	127	196	5	0	10	0	0
YT	286	129	58	0	129	76	0	0	0	9	0	5	0
NT	118	295	20	13	106	45	0	0	60	0	42	0	6
NU	18	105	14	62	273	23	39	26	41	0	0	34	0
	BC	AB	SK	MB	ON	QC	NB	NS	NL	PE	YT	NT	NU
In	20,846	26,297	6,240	5,150	26,181	8,509	4,442	6,110	2,367	2,237	638	653	518
Out	19,168	20,110	7,262	6,100	32,335	11,015	3,902	4,829	2,097	1,338	692	705	635
Net	1,678	6,187	-1,022	-950	-6,154	-2,506	540	1,281	270	899	-54	-52	-117
Rate ¹	0.03%	0.12%	-0.08%	-0.06%	-0.04%	-0.03%	0.06%	0.12%	0.05%	0.50%	-0.11%	-0.11%	-0.28%

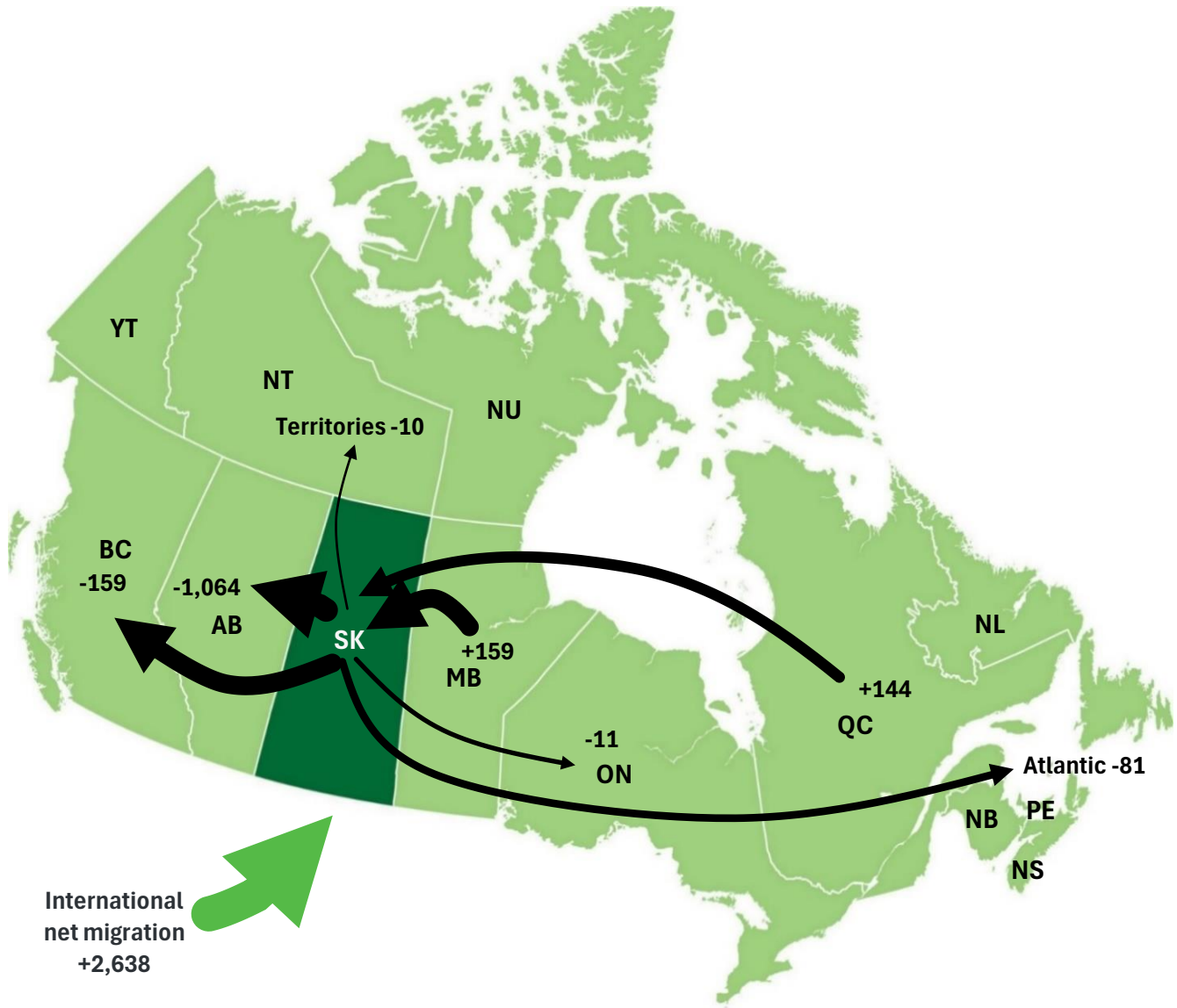
Source: Statistics Canada

¹ Net Migration Rate is quarterly net interprovincial migration expressed as a percentage of provincial population at the start of the quarter.

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The following map displays the interprovincial movements of Canadian residents in and out of Saskatchewan and the net international migration.



All data in this report are preliminary and subject to revision. For more details, contact the Saskatchewan Bureau of Statistics at (306) 787-6330 or visit: <https://www.saskatchewan.ca/stats>. Additional information is available at Statistics Canada.