

# Pack a Waste-Free Lunch

## Reduce

Shop smart and avoid buying more food than you need.

**Make a list and stick to it!**



## Reuse

Pack your lunch in reusable containers.

**There are reusable options for lunch bags, drink bottles, cutlery and food storage!**



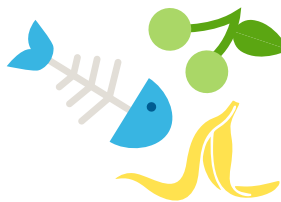
## Recycle

Have something in your lunch that isn't reusable?

**Make sure you recycle any containers when you can!**



## Compost



Didn't finish that delicious lunch you packed?

**Any leftover food can be composted when you get home or at your school or workplace if they have a program!**

Make the garbage can your last resort.

1-800-567-4224

[saskatchewan.ca/recycling](http://saskatchewan.ca/recycling)

**Saskatchewan!**