Exception Drug Status Q&A

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GENERAL INFORMATION:

What is the Saskatchewan Formulary?

• The <u>Saskatchewan Formulary</u> is a list of drugs that are benefits under the Saskatchewan Drug Plan based on the review by and advice from the Drug Advisory Committee of Saskatchewan (DACS).

What is the Drug Advisory Committee of Saskatchewan (DACS)?

• The Drug Advisory Committee of Saskatchewan (DACS) provides independent, specialized recommendations regarding drugs for listing on the Saskatchewan Formulary.

Does the Saskatchewan Formulary list all drugs?

- No. The Saskatchewan Formulary does not list all drugs.
- DACS makes recommendations to:
 - o List a drug on the Saskatchewan Formulary, or
 - o List a drug with Exception Drug Status criteria, or
 - Not list a drug.

What drugs are Saskatchewan Drug Plan benefits?

• Drug Plan benefits are drugs listed on the Saskatchewan Formulary or approved under Exception Drug Status.

What does it mean for an individual when a drug is a Saskatchewan Drug Plan benefit?

- When a drug is a Saskatchewan Drug Plan benefit, it means that the drug is eligible for Drug Plan coverage.
- Individuals pay for the drug according to their own individual deductible and/or copayment, depending on eligibility to certain programs.

When something is a Saskatchewan Drug Plan benefit, does it mean that it is free or no charge?

- When a drug is a Saskatchewan Drug Plan benefit, it does not mean it is will be free or no charge.
- Individuals pay for the drug according to their own individual deductible and/or copayment, depending on eligibility to certain programs. Examples:
 - Some individuals may pay \$2 or no charge under income assistance programs through Ministry of Social Services.
 - Some individuals may pay \$25 under the Seniors Drug Plan.
 - Some individuals may pay a copayment percentage under the Special Support Program.
 Percentages can range from 1% to 100% depending on income and drug costs.

What does Exception Drug Status (EDS) mean?

- Individuals must meet certain medical criteria for a drug with <u>Exception Drug Status</u> listing to be a Saskatchewan Drug Plan benefit.
- Individuals pay for the drug according to their own individual deductible and/or copayment, depending on eligibility to certain programs.
- If an EDS drug is not approved, the individual is responsible for the full cost of the drug.

What happens if an individual meets the medical criteria for Exception Drug Status (EDS)?

- If an individual meets EDS criteria, the drug is approved as a Saskatchewan Drug Plan benefit.
- Individuals pay for the drug according to their own individual deductible and/or copayment, depending on eligibility to certain programs.

What happens if an individual does not meet the medical criteria for Exception Drug Status (EDS)?

- If an individual does not meet EDS criteria, the drug is not a Saskatchewan Drug Plan benefit.
- Individuals are responsible for the full cost of the drug.

What affects the cost of a drug?

- There are two parts that determine the cost of a drug to an individual:
 - Approval of the drug: The drug must be an approved Drug Plan benefit, either listed on the Saskatchewan Formulary or approved under Exception Drug Status;

<u>and</u>

 Assistance with the cost: The drug cost assistance must available for the individual through various programs, such as <u>Special Support</u>, <u>Seniors Drug Plan</u>, <u>Children's Drug</u> <u>Plan</u>, <u>Saskatchewan Aids to Independent Living</u>, <u>Palliative Care Drug Coverage</u>, provincial income assistance programs through the Ministry of Social Services (<u>Supplementary Health Benefits</u>, <u>Family Health Benefits</u>, <u>Seniors Income Plan</u>, or federal income assistance programs (<u>Guaranteed Income Supplement</u>).

EDS APPLICATION PROCESS:

What is the process to apply for Exception Drug Status (EDS)?

- Physicians, nurse practitioners, or pharmacists must submit a request for Exception Drug Status (EDS).
- Requests may be submitted to the Drug Plan and Extended Benefits Branch by:
 - Phone: toll-free at 1-800-667-2549 or
 - in Regina at 306-787-8744
 - Fax: Complete a form and fax to 306-798-1089
 - Email: Complete a form and email <u>dpeb@health.gov.sk.ca</u>

Can an individual submit a request for Exception Drug Status (EDS)?

- No. Individuals cannot submit the request for EDS.
- Physicians, nurse practitioners, or pharmacists must submit a request for Exception Drug Status (EDS).

How would a physician, nurse practitioner, or pharmacist access the EDS request forms?

• EDS Request Forms are available for physicians, nurse practitioners, and pharmacists on the <u>Saskatchewan Formulary</u> website.

How should the physician, nurse practitioner, or pharmacist complete the <u>form</u>?

- The physician, nurse practitioner, or pharmacist must ensure complete information is included in the EDS submission to avoid delays:
 - Health Services Number (HSN)
 - o Patient name
 - o Prescriber name and contact information
 - o Drug name
 - o Patient diagnosis relevant to drug
 - Drug allergies, if applicable
 - $\circ~$ Previous drug therapy relevant to the diagnosis and information clearly outlining how the patient meets the EDS criteria
 - o Requestor name and contact information

Why is a submitted **form** or telephone request for Exception Drug Status (EDS) required?

• A request from the physician, nurse practitioner, or pharmacist is required to determine if the individual meets EDS criteria.

How will an individual know if there is an approval or denial for Exception Drug Status (EDS)?

- Individuals will receive a letter in the mail after the Drug Plan reviews the EDS request and completes the determination.
- The letter will indicate name of the drug, the effective date of coverage, and the expiry date.
- The letter is for the individual's records and they are not required to show it to the pharmacist to receive benefits.
- Private insurers may require a copy of the letter. Individuals are encouraged to retain a copy of the letter for their files and to forward a copy of the letter to their private insurer.

When an EDS request is approved, what is the effective date of coverage?

• The effective date is the date the Drug Plan received a complete request with all the required documentation.

Will the EDS approval last a lifetime?

- EDS approval durations will vary depending on the drug and diagnosis.
- Some examples of approval durations are: three months for short-term therapies; one to three years; or indefinite approval for long-term therapies.

Can individuals ask why the Exception Drug Status (EDS) request was not approved?

- Individuals, physicians, nurse practitioners, and pharmacists may contact the Drug Plan and Extended Benefits Branch if they have additional questions regarding their EDS request.
- EDS requests may not be approved if individuals do not meet <u>published criteria</u>, if there is a lack of information, if there is missing information, or if the drug is not a benefit.

Why does my private insurer/third party require a letter for Exception Drug Status?

• Please contact your private insurer or group benefits administrator to determine what processes are required through their policy.

I lost my EDS letter. How does someone request another copy of the letter?

• Individuals may contact the Drug Plan and Extended Benefits Branch with their Health Services Number (HSN) to request a copy of their EDS letter:

Phone:	toll-free at 1-800-667-2549 or
	in Regina at 306-787-8744
	press #2 to leave a voicemail or remain on the line to speak to an assessor
Email:	dpeb@health.gov.sk.ca

RENEWAL PROCESS:

Will individuals, physicians, nurse practitioners, or pharmacists receive a renewal notice?

- The Drug Plan does not send renewal notices to individuals.
- Letters mailed to individuals are in response to initial and renewal EDS requests from health providers.
- Individuals are responsible for monitoring their expiry dates and encouraged to work with their health providers to ensure coverage does not lapse.

How does my physician, nurse practitioner, or pharmacist renew Exception Drug Status (EDS)?

• Physician, nurse practitioner, or pharmacists may renew Exception Drug Status by submitting a renewal request to the Drug Plan and Extended Benefits Branch by:

Phone:	toll-free at 1-800-667-2549 or
	in Regina at 306-787-8744
Fax:	Complete a form and fax to 306-798-1089
Email:	Complete a form and email <u>dpeb@health.gov.sk.ca</u>

COST INFORMATION:

What do individuals pay for drugs listed on the Saskatchewan Formulary or approved under Exception Drug Status (EDS)?

• Individuals pay for the drug according to their own individual deductible and/or copayment.

When it is approved under Exception Drug Status (EDS) does it mean that it is free or no charge?

- When a drug is a Saskatchewan Drug Plan benefit, it does not mean it is will be free or no charge.
- Individuals pay for the drug according to their own individual deductible and/or copayment, depending on eligibility to certain programs. Examples:
 - Some individuals may pay \$2 or no charge under income assistance programs through Ministry of Social Services.
 - Some individuals may pay \$25 under the Seniors Drug Plan.
 - Some individuals may pay a copayment percentage under the Special Support Program.
 Percentages can range from 1% to 100% depending on income and drug costs.

I have approval for Exception Drug Status (EDS) but I still pay full price for the drug. Why?

- There are two parts that determine the cost of a drug to an individual:
 - Approval of the drug: The drug must be an approved Drug Plan benefit, either listed on the Saskatchewan Formulary or approved under Exception Drug Status;

and

- Assistance with the cost: The drug cost assistance must available for the individual through various programs, such as <u>Special Support</u>, <u>Seniors Drug Plan</u>, <u>Children's Drug</u> <u>Plan</u>, <u>Saskatchewan Aids to Independent Living</u>, <u>Palliative Care Drug Coverage</u>, provincial income assistance programs through the Ministry of Social Services (<u>Supplementary Health Benefits</u>, <u>Family Health Benefits</u>, <u>Seniors Income Plan</u>, or federal income assistance programs (<u>Guaranteed Income Supplement</u>).
- The cost of a prescription to an individual will depend the approval of the drug as a benefit <u>AND</u> an individual's deductible and/or copayment under any one of the above programs.

I have applied for Special Support or Seniors' Drug Plan but still pay full price for the drug. Why?

- There are two parts that determine the cost of a drug to an individual:
 - Approval of the drug: The drug must be an approved Drug Plan benefit, either listed on the Saskatchewan Formulary or approved under Exception Drug Status;

<u>and</u>

- Assistance with the cost: The drug cost assistance must available for the individual through various programs, such as <u>Special Support</u>, <u>Seniors Drug Plan</u>, <u>Children's Drug</u> <u>Plan</u>, <u>Saskatchewan Aids to Independent Living</u>, <u>Palliative Care Drug Coverage</u>, provincial income assistance programs through the Ministry of Social Services (<u>Supplementary Health Benefits</u>, <u>Family Health Benefits</u>, <u>Seniors Income Plan</u>, or federal income assistance programs (<u>Guaranteed Income Supplement</u>).
- The cost of a prescription to an individual will depend the approval of the drug as a benefit <u>AND</u> an individual's deductible and/or copayment under any one of the above programs.

What is the process if an individual paid full price for a drug before receiving approval for Exception Drug Status (EDS)?

- An individual may submit their prescription receipt for review and consideration of a refund to the Drug Plan at 3475 Albert Street, Regina, SK, S4S 6X6.
- Original receipts are not returned to individuals. Individuals are encouraged to keep a copy for their records.
- Note: not all prescription receipts are eligible for a refund depending on an individual's coverage.

What are other types of drug cost assistance?

- Private insurance may cover the balance of the Drug Plan copayment paid by the individual.
- Individuals should contact their private insurer or group benefits administrator to determine what benefits are available through their policy.

OTHER PROGRAMS AND QUESTIONS:

What would an individual pay if they had coverage through both the Special Support Program and Seniors' Drug Plan?

- For drugs covered by the Saskatchewan Formulary and approved under <u>Exception Drug Status</u>, individuals pay the lesser of the Special Support coverage or Seniors' Drug Plan coverage.
- For example,
 - If a prescription costs \$25 under the Seniors' Drug Plan or \$49 under the Special Support Program, the individual pays \$25 for that prescription.
 - If a prescription costs \$25 under the Seniors' Drug Plan or \$9 under the Special Support Program, the individual pays \$9 for that prescription.
- More information is available online for the Special Support Program and Seniors' Drug Plan:
 - <u>https://www.saskatchewan.ca/residents/health/prescription-drug-plans-and-health-coverage/extended-benefits-and-drug-plan/drug-cost-assistance</u>.
 - <u>https://www.saskatchewan.ca/residents/health/accessing-health-care-</u> <u>services/seniors-drug-plan</u>

What happens if an individual has drug coverage under <u>Supplementary Health Benefits</u>, <u>Palliative Care Drug Coverage</u> or <u>Saskatchewan Aids to Independent Living (SAIL)</u>?

- Coverage under Supplementary Health Benefits, provides benefit drugs for \$2 or no charge.
- Coverage under Palliative Care, and SAIL programs (paraplegia, cystic fibrosis, and end stage renal disease programs) provides benefit drugs at no cost.

Are over-the-counter and herbal products eligible benefits under Exception Drug Status (EDS)?

• No. Only prescription drugs listed in the Saskatchewan Formulary or those approved under <u>Exception Drug Status</u> are eligible for coverage.

If an individual's private insurance will not cover the cost of my Exception Drug Status (EDS) drug, what should they do?

- Contact the private insurer or the group benefits administrator for more information regarding the policy on drug coverage.
- Some private insurers require a letter of approval or denial from the Saskatchewan Drug Plan before they will consider providing coverage.
- Individuals may contact the Drug Plan and Extended Benefits Branch with their Health Services Number (HSN) to request a copy of their EDS letter:

Phone:	toll-free at 1-800-667-2549 or
	in Regina at 306-787-8744
	press #2 to leave a voicemail or remain on the line to speak to an assessor
Email:	dpeb@health.gov.sk.ca

My private insurer does not cover my medications, even though the Saskatchewan Drug Plan lists the medication on the Formulary.

- There are many policies through private insurers with various types of coverage.
- Please contact your private insurer or group benefits administrator for more information.

Will my private insurer/third party plan cover the Special Support copayment?

• Please contact your private insurer or group benefits administrator to determine what benefits are available through their policy.