

# Community Living Service Delivery Clinical Crisis Services

## Who We Are:

Clinical Crisis Services is a multi-disciplinary team who provides person-centred crisis prevention and intervention supports to individuals who display dangerous or harmful behaviours.

## Who We Serve:

Community Living Service Delivery (CLSD) adults, children and youth, as well as, children and youth referred by Child and Family Programs (CFP), who display dangerous or harmful behaviour to self or others, that may cause the loss of one's home, school, or vocational supports.

## Supports Provided Include:

- Supporting community integration.
- Provide intensive clinical supports when individuals transition to different service providers.
- Crisis prevention, education, resource development and capacity building services to individuals with complex or high needs and their supports.

## Accessing Clinical Crisis Services:

CLSD and CFP case managers submit crisis referrals.

## Roles in Clinical Crisis Services

Manager, Clinical Crisis Services	Crisis Support Supervisor	Crisis Support Therapist	Outreach Nurse	Outreach Worker
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### Crisis Support Therapist

A Crisis Support Therapist (CST) provides intensive supports to individuals and their support providers while they are experiencing crisis.

#### Key Responsibilities:

- Provide intensive individualized assessments/consultation/training with a focus on de-escalation of crisis and short-term behavioural support, for individuals and their support providers.
- Support research and development of tools and strategies that address specific client needs and/or socially relevant trends that impact individuals.
- Mentorship and capacity building of support providers.

### Outreach Worker

An Outreach Worker provides direct support for individuals and their support teams. A Crisis Support Therapist or Program Development Consultant are a prerequisite for outreach supports to be assigned.

#### Key Responsibilities:

- Supporting community integration for individuals.
- Mentorship and capacity building of support providers.

### Outreach Nurse

An Outreach Nurse provides clinical mental and physical health services, focussing on mental health consultation, and supports individuals with high and complex needs to navigate and access the mental health and health related community services.

#### Key Responsibilities:

- Focus on mental health consultation.
- Support individuals with high and complex needs to navigate and access the mental health and health related services.

For more information, please contact:

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**Note:** Outreach Nurse services provided are not intended to duplicate or take the place of services that are available to Saskatchewan citizens through the Saskatchewan Health Authority, or other services they may be accessing (i.e., private practices, etc.). These crisis services are targeted to individuals who are unable to be served through typical means, due to complexity of their situation or limitations of resources locally that impact the individual's ability to achieve their outcomes.