

# Community Living Service Delivery Clinical Prevention Services

## Who We Are:

Clinical Prevention Services is a multi-disciplinary team with a range of clinical areas of practice for individuals with **non-crisis**, high and complex physical, and/or behavioural needs.

## Who We Serve:

**Adults** who have intellectual disabilities, and who experience complex behavioural and/or physical challenges that impact their ability to live and/or participate safely in their homes and in their communities.

**Children/Youth** who are receiving services through Community Living Service Delivery (CLSD) or Child and Family Programs (CFP), and require non-crisis behavioural assessment and supports within school, home, and community.

## Supports Provided Include:

- Strengths-based, person-centred and socially inclusive approaches to promote and improve safety, wellbeing, and skill development.
- Referral-based provincial outreach to clients who require individualized assessment.
- Direct clinical assessment and services within the scope of behavioural support, occupational therapy, physiotherapy, and recreation/community inclusion.
- Consultation and training for support providers to build capacity in the areas of bio-psycho-social wellness.
- Edie Montgrand Centre, – Moose Jaw, SK.- Individual and group therapy-based programs.

## Accessing Clinical Prevention

### Services:

CLSD and CFP case managers submit Multi-Disciplinary Outreach referrals.

## Roles in Clinical Prevention Services

- Manager, Clinical Prevention Services
- Supervisor, Behavioural Supports
- Program Specialist Consultant
- Program Development Consultant
- Occupational Therapy Assistant
- Physical Therapy Assistant
- Physiotherapist
- Occupational Therapist
- Recreation Therapist
- Therapy Worker

## Program Development Consultant (Adults - CLSD)

A Program Development Consultant (PDC) specializes in clinical assessment and person-centred support to clients and care providers in the areas of behaviour support and other psychosocial approaches.

### Key Responsibilities:

- Direct assessment and behavioural support development for individuals who are living in family or Approved Private Service Homes, as well as, supporting third-party service organization teams serving individuals with complex behavioural needs.
- Consultation and training to agency teams, building their capacity to support positive, proactive behavioural strategies and achieve person-centred outcomes.
- Support research and development of tools and strategies that address specific client needs and/or socially relevant trends that impact CLSD clients.

## Program Specialist Consultant (Children/ Youth - CLSD/CFP)

A Program Specialist Consultant (PSC) specializes in clinical assessment and person-centred support to children, youth, and their care providers in the areas of behaviour support and other psychosocial approaches.

### Key Responsibilities:

- Direct assessment and behavioural support development for children/ youth primarily in family/ caregiver homes and school.
- Support research and development of tools and strategies that address specific client needs and/or socially relevant trends that impact children and youth.
- May consult and support training to agency teams building their capacity to support positive, proactive behavioural strategies and achieve person-centred outcomes.

## CLSD Adult Services includes:

### Physiotherapist

A Physiotherapist (PT) is responsible to provide physiotherapy services, specific to the needs of adult CLSD clients.

Specific areas of service include, but are not limited, to mobility and ambulation, fall prevention, pain and wound management and respiratory care.

#### Key Responsibilities:

- Assessment and intervention planning in clinical areas of musculoskeletal, and cardio-respiratory areas of practice.
- Support research and development of tools and strategies related to physiotherapy services.
- Coordinate, train, and supervise support personnel in physiotherapy specific programs.

### Occupational/Physical Therapy Assistant

An Occupational/Physical Therapy Assistant (OTA/PTA) is responsible to participate in the development and delivery of clinical programs.

#### Key Responsibilities:

- Provide direct client care in the application of physiotherapy and occupational therapy modalities, and general therapy practices under the direction of the supervising therapist.
- Maintain and coordinate therapy space and equipment.
- Support research and development of resources.
- Support training to client/support provider in therapeutic techniques.

### Occupational Therapist

An Occupational Therapist (OT) is responsible to provide clinical occupational therapy services specific to the needs of adult CLSD clients.

#### Key Responsibilities:

- Assessment and intervention planning in clinical areas of cognitive, musculoskeletal, neuromotor, sensory and psychosocial areas of practice.
- Equipment provision, modification to optimize participation and independence in activities of daily living.
- Home accessibility design and equipment needs assessments.
- Support research and development of tools and strategies related to occupational therapy services.
- Provide consultations and training to support providers to maximize outcomes of recommended strategies.

### Therapy Worker

A Therapy Worker is responsible to support day-to-day operations of the Edie Montgrand Centre in Moose Jaw, and participate in the development and delivery of clinical programs.

#### Key Responsibilities:

- Provide direct client services in the application of therapy and community inclusion-based programs under direction of the supervising therapist.
- Maintain and coordinate therapy space and equipment.
- Support research and development of resources.

### Recreation Therapist

A Recreation Therapist (RT) is responsible to coordinate operations of the Edie Montgrand Centre and support programming that promotes inclusive community activities.

#### Key Responsibilities:

- Supervise and coordinate day-to-day operations of the Edie Montgrand Centre.
- Collaborate and consult with clients and other stakeholders to promote and support inclusive access to community-based programs and activities.
- Support research and development of resources and strategies that promote inclusion, engagement, and wellness.
- Supervise and coordinate work of support staff.

*Note: Occupational and Physiotherapy services provided are not intended to duplicate or take the place of services that are available to Saskatchewan citizens through the Saskatchewan Health Authority, or other services they may be accessing (i.e., private practices, etc.). These CLSD MDO services are targeted to individuals who are unable to be served through typical means, due to complexity of their situation or limitations of resources locally that impact the individual's ability to achieve their outcomes.*

For more information,  
please contact:

**Bev Lamb**  
**Manager, Clinical**  
**Prevention Services**  
**306-694-3062**