

Safety tips when using Fentanyl/Benzo Test Strips



- Try not to use alone
- Take turns using
- Start with small amounts

Use where help is easily available, like an Overdose Prevention Site.



If you are alone you can call NORS at **1-888-688-NORS (6677)** for 24/7 remote overdose prevention.



Be careful when mixing substances, including alcohol. Mixing substances increases the chance of overdose.



Pick up a Take Home Naloxone kit. Learn how to spot an overdose and how to help, like giving breaths, at **www.nors.ca** or **1-888-688-NORS (6677)**

If you think someone is overdosing:

- Call 911
- Stay with them until help arrives
- The Good Samaritan Drug Overdose Act provides protection

Important Considerations

Check drugs every time you use

The amount of Fentanyl or Benzos can vary from one use to the next and be unevenly distributed - one sample could have a negative test result. The next sample could have a positive test result.

Accuracy

- **A negative test result does not mean the substance is safe.** Fentanyl/Benzo Test Strips are not 100% accurate. Plus fentanyl is only one of the many drugs that can cause an overdose.
- Fentanyl/benzo test strips do not tell you how much is in the substance. The strips only check if they are present in the portion tested.



Pamphlet adapted with permission from British Columbia Centre on Substance Use (B.C.C.S.U.)

Drug Testing

Fentanyl and Benzo

Quick Guide

*For detailed instruction look inside

1. **For Fentanyl:** Put 30mL (1 ounce - equivalent to a shot glass) of room temperature water in small cup
For Benzos: Put small splash of hot water into cup (2-5mL or ½ teaspoon)
2. Put a very small sample into the water (equal to a few grains of sand) and mix until dissolved
3. Open package
4. Hold strips by the solid blue end (don't touch the white end)
5. Place strips in water, covering the wavy lines
6. Hold strip still in water for 15 seconds

Results appear in 1-2 minutes



1 Red Line = Positive for Fentanyl/Benzos



2 Red Lines = No Fentanyl/Benzos, but use caution

How to Check



Check drugs before use

Test strips can be used to check any drug, equipment, or baggie residue.



Fentanyl: Put 30mL (1 ounce) of room temperature tap water in a small cup.

A shot glass is equal to 30mL (1 ounce).



Benzos: Put a small splash of hot water into a cup (2-5mL or ½ teaspoon).



Add drugs

Put a very small sample of the substance you are checking into the water - equal to a few grains of sand. **Mix until completely dissolved.**

Please note: it is important not to add too much or too little of the sample. This can interfere with the results.



Open package by notched end.

Hold strip by solid blue end only.
Do not touch white end.



Place strip in water, covering wavy lines.
Be careful not to go above solid line.

Hold strip in water for **15 seconds** or, wait for the red stripe to appear.

Do not make dipping or stirring motions.



Place strip on strip package and wait **1 to 2 minutes** for results.

****Read the results immediately after checking the drugs.**

Interpreting the Results

+ Positive test result



One red line means there is fentanyl/benzos in the sample

- Negative test result



Two red lines means no fentanyl/benzos detected

Unclear test result



The red line closest to the solid blue area should always show in your test result. When it is not there, it means the result is not clear. Stirring with the strip or wetting the strip above the wavy lines could cause this. We call it an invalid test result. **Test again with a new strip.**