

Narrow Hills Provincial Park

2022 Education Programs

Guided school programs are offered in the spring and fall at Narrow Hills Provincial Park and are a great opportunity to immerse students in nature while investigating and applying learning objectives. Sask Parks' guided school programming connects the Saskatchewan Curriculum to nature-based learning.



Booking:

Bookings are accepted starting on Tuesday, January 4, on a first-come, first-served basis. Please complete the attached form and return by email to outdoorclassroom@gov.sk.ca.

Cost:

School groups are no longer required to pay a program fee. A vehicle entry permit is required upon entry to the park for \$10/vehicle (buses and chaperone vehicles included). Permits are available for purchase from the entry gate and/or park office.

Program Dates:

Tuesday to Friday, May 16 to June 24, 2022. Fall programs are available September 6 to early October, weather and park conditions permitting. Winter programs are available upon request.

Park Quick Facts:

- Located 150 km north-east of Prince Albert, or 75 km north of Smeaton off Highway 106.
- Amenities, park office and interpretive center are located at Lower Fishing Lake.
- Fully accessible beach and program area at Lower Fishing Lake.
- Great hiking, canoeing and fishing opportunities at more than 20 lakes.

In the Area:

- Caribou Creek Lodge
- Pine Ridge Resort

Programs

Most programs can be adapted for any grade level, however, suggested grades are included.

Aquatic Programs

Aquatic Ecosystem Exploration (Pre K-12)

Students will explore Narrow Hill's aquatic habitats. Using dipping nets, students will attempt to collect living plants and invertebrate near the shoreline of the lake and identify the organisms found using hand lenses and biological keys. The content and detail of the program is tailored to fit the grade level. Students at a Grade 7 level or higher will also use microscopes to examine the organisms closer and perform a number of water quality tests including pH, dissolved oxygen, phosphate, nitrate, and turbidity and determine the health of the lake using both qualitative and quantitative assessments.

Location: Lower Fishing Lake

Duration: 1 hour

Suggested Curriculum: LTK, LT1, AN2, AW2, RW5, DL6, IE7, USC8, W3

Games and Activities

Skulls and Scat (Grade 1-8)

This popular program teaches students about animal awareness. They get to see firsthand with the help of replicas what an animal skull, tracks, scat and fur look like and how they will be able to determine what animals may be living in a particular area by viewing their scat or tracks. The interpreters discuss a variety of species within the park and how they interact within the Boreal Ecosystem.

Location: Lower Fishing Lake

Duration: 1 hour

Suggested Curriculum: LT1, AN2, SM3, HC4, CR5, DL6, IE7, CR8



Where The Wild Things Are (K-Grade 9)

Students will learn about habitat necessities for all living things through vigorous games and activities. The emphasis will be on learning how carnivores, herbivores and omnivores depend on each other for a healthy ecosystem to grow and thrive.

Location: Lower Fishing Lake

Duration: 1 hour

Suggested Curriculum: PEK, CPK, PE1, PE2, AN2, PE3, PE4, PE5, PE6, PE7, PE8, PE9

Guided Hikes

Discover the Gem Lakes (Grade 7-12)

Explore the scenic vistas of the Gem Lakes interpretive trail. Find out how the lakes were formed, why they reflect their vivid colors and learn about the park's unique landscape.

Hiking boots or sturdy shoes are recommended due to the steep terrain.

Location: Gem Lakes Trailhead

Duration: 2-3 hours

Suggested Curriculum: EC7, IE7, PE7, WS8, PE8, PE9, ES20

Animal Detectives (Pre K-K)

Who's hiding in the forest? Bugs, animals and birds blend in with their surroundings making them hard to spot. Explore the forest using all your senses and watch for the clues that animals leave behind.

Location: Lower Fishing Lake

Duration: 45 mins - 1 hour

Suggested Curriculum: LTK, NSK, PAK, RWK

History Programs

Narrow Hills Introduction (K-Grade 12)

Tour the visitor center and get information on the park's natural and cultural history. Find out how the park got its name, why the trees grow so close together and what animals live here.

Location: Narrow Hills Visitor Centre

Duration: 45 mins

Skill Development Programs

Compass 101 (Grade 5-12)

Learn to use a compass, take a bearing, and follow a bearing. Complete the course to crack the code! Compasses are provided.

Location: Lower Fishing Lake

Duration: 1 hour

Suggested Curriculum: PE5, PE6, PE7, PE8, PE9, W3, PE20, PE30

Discover Geocaching (Grade 5-12)

Geocaching is a fun, high-tech scavenger hunt using a GPS. Learn to navigate and find hidden caches filled with clues, questions and treasure. GPS units provided.

Location: Lower Fishing Lake

Duration: 1 hour

Suggested Curriculum: PE5, PE6, PE7, PE8, PE9, W3, PE20, PE30

Self-Use Kits

Packs are available on a first-come, first-served basis to teachers at no charge. Please use the attached form to reserve the self-use packs prior to your visit.

Geocaching Packs

Students can explore nature at their own pace while participating in this interactive activity. This pack contains equipment and materials for approximately 20 students.

Suggested Curriculum: PE5, PE6, PE7, PE8, PE9, W3, PE20, PE30

Pond Dipping Packs

Students are encouraged to collect living organisms from the lake and place them safely in the aquarium(s) provided. The supplied written materials will help students and group leaders identify each organism that is found. Group leaders may choose to offer students the opportunity to discuss the importance of biodiversity and a healthy ecosystem. This pack contains equipment and materials for approximately 20 students.

Suggested Curriculum: LTK, LT1, AN2, AW2, RW5, DL6, IE7, USC8, W3



Booking Information

Educational Programming:

Please fill out the attached School Booking Request Form and email the completed form to outdoorclassroom@gov.sk.ca. Program times are 9:30 a.m., 11 a.m., 1 p.m. and 2:30 p.m. Times may be flexible to accommodate travel times.

Group Size:

Each program can accommodate 20-30 students. For larger group sizes, contact us at outdoorclassroom@gov.sk.ca to discuss program options.

Group Camping:

Group camping is available to school groups free of charge from September 7, 2021 to June 23, 2022. To book group campsites, please contact the park office at 306-426-2622. Standard nightly group camping fees apply from June 24, 2022 until September 6, 2022, in addition to a \$12 non-refundable reservation fee. Visit saskparks.com for standard nightly group rates. Valid vehicle entry permits are required.



Know Before You Go

Note: teachers and chaperones are required to participate in all programs.

Be Prepared for the Weather:

Bring sunscreen, insect repellent, warm and waterproof clothing. Rubber boots may also be required for your program.

Cell Coverage:

There is no cell service at Narrow Hills Provincial Park. Wi-Fi is not available.

Late Arrivals or Cancellations:

Programs are not usually cancelled due to weather unless requested by the school or in extreme/unsafe situations. Please phone us to let us know if you are late arriving. We will try to accommodate changes, however, late arrivals may result in program reduction or cancellation due to other school booking commitments.

Campfires:

Campfires are allowed in the park. Please bring matches, roasting sticks and an axe. Wood is provided on-site. Please discuss campfire needs during your booking. In the case of fire restrictions, campfires are prohibited. To find out if the park is under a fire ban, head to saskparks.com.

Drinking Water:

Drinking water may not be available at your program location. Plan ahead and bring filled water bottles.

Safety:

In case of medical or other emergencies, all groups must maintain their own transportation while visiting the park.

In the Classroom:

Discuss with your students ways that they can reduce their impact — reduce packaging on food items, recycle materials and respect the natural environment during your visit.

Further Information:

Learn more about Narrow Hills Provincial Park at www.saskparks.com.



Narrow Hills Provincial Park

Education Program Booking Form

You will receive a response within 10 business days to confirm your booking. Park Interpreters begin work in May and will contact you at that time to finalize details. If desired, group camping must be booked separately by contacting the park office at 306-426-2622.

School Name: _____

Mailing address: _____

Email address: _____

School Phone: _____

Name (contact person/teacher): _____

Name(s) of teacher(s) attending trip (if different than above): _____

Cell phone number of teacher(s) attending trip: _____

Grade(s): _____ # of students: _____ # of chaperones: _____

Is your group staying the night? Yes No

**If yes, be sure to book a group campsite by contacting the park office at 306-426-2622.*

Preferred Program Date:

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

Planned Arrival Date: _____ Time: _____

Select desired program(s):

Aquatic Ecosystem Exploration (PreK-12)

Animal Detectives (PreK-K)

Compass 101 (Grade 5-12)

Narrow Hills Introduction (K-Grade 12)

Skulls and Scat (Grade 1-8)

Discover Geocaching (Grade 5-12)

Discover the Gem Lakes (Grade 7-12)

Where The Wild Things Are (K-Grade 9)

Please choose preferred time(s):

9:30 am - 10:30 am

11 am - 12 pm

1 pm - 2 pm

2:30 pm - 3:30 pm

Please list any other curriculum-based themes or inquiry-based learning questions that would help interpretive staff tailor the program to your group.

Are there any special considerations that your interpreter should be aware of (i.e. mobility issues, special needs, allergies, medications, etc.)?

Yes No

In most cases, programs can be adapted to better suit your group. Please discuss any special needs with a Park Interpreter ahead of time.

Please return completed form to: outdoorclassroom@gov.sk.ca.

Submit