

Osteoarthritis in Saskatchewan (2014/15)

OSTEOARTHRITIS (OA) is the most common form of arthritis and usually affects the joints of the hands, feet, hips, knees, and spine. Although once thought to be caused by wear and tear of aging, we now know that OA is due to abnormal joint loading (from obesity and joint injury) and systemic factors such as genes, inflammation, aging, and sex).

1 in 8
(12.4%)

SK residents
20 years and older
was suffering from
osteoarthritis

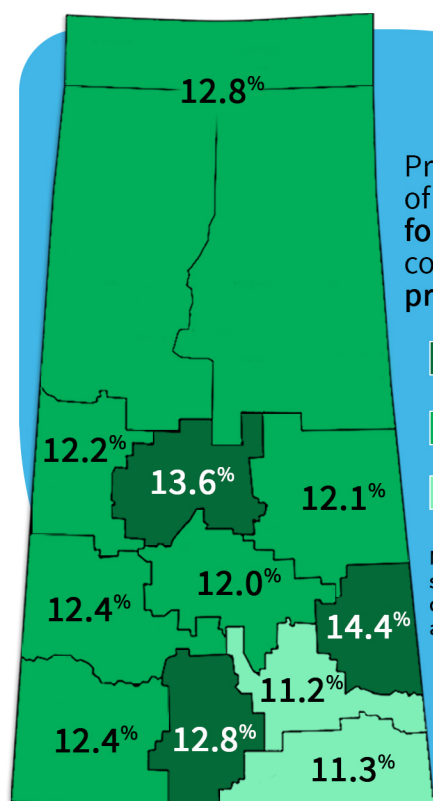
Osteoarthritis is
23%
more common
in females than
in males



Osteoarthritis
was most
common
in people
**90 years
& older**



In this
age group,
**more than
half (56%)**
of residents was
suffering from
osteoarthritis



Prevalence (%)
of osteoarthritis in
former health regions
compared to the
province in 2014/15

- more common than SK
(statistically significant)
- not significantly
different than SK
- less common than SK
(statistically significant)

NOTE: Percentages assume a
standardized Canada 2011 age
distribution for each area and
are for comparison only

The percentage
of people with
osteoarthritis in SK is
lower than Canada
overall



From 2005/06 to 2014/15,
there were about
7,200 number of
new cases
per year



1 in 7

of people with
osteoarthritis also had
health services use for
mood and anxiety
disorders

