

Trained Observer: DOFFING Personal Protective Equipment (PPE)



The Trained Observer (TO) will remove PPE in the same sequence as the healthcare worker but without assistance unless the TO has difficulty untying the Level 4 gown or has obvious contamination on their PPE (see Pre-Doffing activities).

PPE Doffing Area

- As per the High Risk Doffing document: a designated area in close proximity to the patient room (e.g., anteroom or adjacent vacant room) that is separate from the clean area where healthcare workers (HCWs) leaving the patient's room can doff and discard their PPE
- Provide a space for sitting, parallel to the doffing pad, that can be easily cleaned and disinfected, where the TO can remove shoe covers
- Provide leak-proof infectious waste containers for discarding used PPE
- If a hallway is being used outside the patient room, construct physical barriers to close hallway to traffic (thereby creating an anteroom)
- Post appropriate signage indicating room designation and purpose

Pre-Doffing Activities (TO)






- Ensure no HCWs are providing inpatient care that requires monitoring
Or, another TO is ready and available to replace you.
- If obvious contamination is present on TO's PPE, then there must be a TO to guide assist if necessary in the removal of their PPE.
- Step 1 starts with a gloved scenario: the TO has either removed the doffing pad, removed gloves, performed Hand hygiene and has put on a new pair of extended nitrile gloves
Or has on a pair of nitrile gloves as part of their required PPE while monitoring the HCW from the Doffing area.

Post-Doffing Activities (TO)


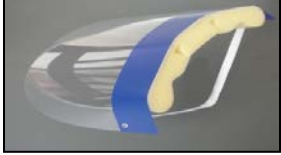

- Sign out of area as per facility protocol.
- If shift is finished remove any additional under garments that may be required as per facility protocols.

PPE items shall be removed slowly and carefully and discarded one piece at a time in a hands-free waste receptacle

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<p>1. Disinfect gloves</p> 	<p>*Only required if gloves have been used for other activities in the doffing area</p> <ul style="list-style-type: none"> • Use a hospital grade disinfect wipe to clean gloves prior to doffing activities
<p>2. Remove shoe covers</p> 	<ul style="list-style-type: none"> • Sit in the clean chair if available or work from standing position • Slowly remove your shoe covers one at a time, minimizing contact with the bottom of the shoe. • Roll the shoe cover back and off, from the heel area, so that the inside of the shoe cover is on the outside during final removal into the waste receptacle. • Discard immediately into waste receptacle
<p>5. Remove gloves</p> 	<ul style="list-style-type: none"> • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste receptacle
<p>6. Perform hand hygiene</p> 	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is preferred • Soap and water is used when hands are visibly soiled
<p>6. Remove Gown</p> 	<ul style="list-style-type: none"> • Untie the neck, outer back waist and inner waist. If this is difficult to reach arrange to have assistance from another HCW who has on gloves and will not be in contact with other pieces of your PPE • Remove gown in a manner that prevents contamination of clothing and skin. TO will slide 2 fingers under cuff of gown and pull hand into gown. Using the hand that is covered, grab the opposite sleeve of gown and pull away from body over hand. Continue folding the gown inward on to itself and rolling it away from you until it becomes small enough to discard • Place into waste receptacle

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7. Perform hand hygiene	
	<ul style="list-style-type: none">• Perform hand hygiene• Alcohol-based hand rub (ABHR) is preferred• Soap and water is used when hands are visibly soiled
8. Remove face shield	
	<ul style="list-style-type: none">• The front of the face shield is considered contaminated• Handle only by the rear strap and pull it up and over the head gently, allowing the face shield to fall forward• Place in waste receptacle
9. Perform hand hygiene	
	<p>Perform hand hygiene</p> <ul style="list-style-type: none">• Alcohol-based hand rub (ABHR) is preferred• Soap and water is used when hands are visibly soiled