




# Trained Observer: DONNING Personal Protective Equipment



The Trained Observer (TO) is a dedicated individual with the sole responsibility of ensuring adherence to the entire High Risk donning doffing process as well as monitoring for possible exposures during care. The TO should not enter the room of a patient with Ebola, but remain in the PPE removal area to observe safe practice during care delivery and assist with and guide the removal of PPE.



The TO should be:

- knowledgeable about all PPE recommended by the facility’s protocol, provide guidance and instruction to HCWs on the correct donning and doffing procedures as well as the proper disposal of used PPE
- responsible to provide immediate corrective instruction if the HCW is not following the recommended steps of donning and doffing procedures
- responsible to be provide guidance on the care/management protocol should an unintentional exposure occur during patient care

<p><b>1. Hand hygiene</b></p> 	<ul style="list-style-type: none"> <li>• Perform hand hygiene</li> <li>• Alcohol-based hand rub (ABHR) is preferred</li> <li>• Soap and water is used when hands are visibly soiled</li> </ul>
<p><b>2. Surgical gown</b></p> 	<p><b>Gown should be rated as Level 4 for moderate to high level of fluid resistance</b></p> <ul style="list-style-type: none"> <li>• Gown is securely fastened at the neck, waist, and back using all Velcro/ties provided</li> </ul>
<p><b>3. Shoe covers</b></p> 	<p><b>Fluid resistant shoe covers</b></p> <ul style="list-style-type: none"> <li>• Support yourself against a clean surface or sit down to apply shoe covers, toe first followed by heel</li> <li>• Avoid touching the bottom of shoes with clean hands</li> </ul>

# Trained Observer: **DONNING Personal Protective Equipment**

---

<b>4. Full face shield</b>	
	<ul style="list-style-type: none"><li>• Place face shield prescription glasses if wearing</li><li>• Adjust strap to ensure good fit so that entire face and eyes are covered</li></ul>
<b>5. Extended length nitrile gloves</b>	<b>One glove layer provides adequate protection for non-patient encounters</b>
	<ul style="list-style-type: none"><li>• Extended length nitrile gloves</li><li>• Pull gloves over the cuffs of the gown</li><li>• Inspect for tears</li></ul>
<b>6. *When to Don PPE</b>	<ul style="list-style-type: none"><li>• The physical environment and standard work of your facility will determine when the TO needs to don their PPE</li><li>• The HCW is considered clean before entering the patient's room so the TO would not be required to be wearing PPE for the HCW donning process</li><li>• The TO would be required to have their PPE on before the HCW enters the patient's room. This will ensure the TO is ready to monitor HCW safety while providing care and to be available for doffing assistance if the HCW needs to leave the room urgently.</li></ul>