

LOW RISK* DOFFING Personal Protective Equipment (PPE)



*Low Risk – Encounter with a patient suspected to have Ebola Virus Disease who is mildly symptomatic: mild fever, fatigue, headache, sore throat, muscle pain.

The use of a trained observer is not required for a low risk encounter; however, HCWs are encouraged to request assistance, if needed. The trained observer checklist for doffing PPE is not required for a low risk encounter.

Personal protective equipment should be removed in a designated doffing area (e.g., anteroom or in patient’s room near the door) and discarded into an appropriate waste receptacle.

Remove personal protective equipment slowly and carefully.

1. Disinfect gloves	<ul style="list-style-type: none"> • Clean gloves using a hospital grade disinfectant wipe <u>before</u> touching the door handle
2. Inspect	<ul style="list-style-type: none"> • Inspect PPE for visible contamination or tears • Remove any obvious contamination with a hospital grade disinfectant wipe
3. Remove gloves 	<ul style="list-style-type: none"> • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste
4. Remove gown 	<ul style="list-style-type: none"> • Remove gown in a manner that prevents contamination of clothing and skin • Carefully unfasten ties • Slide 2 fingers under cuff of gown and pull hand into gown. Using the hand that is covered, grab the opposite sleeve of gown and pull away from body over hand. Continue folding the gown inward on to itself and rolling it away from you until it becomes small enough to discard • Place into waste receptacle

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<p>5. Perform hand hygiene</p> 	<ul style="list-style-type: none">• Alcohol-based hand rub (ABHR) is preferred• Use soap and water if hands are visibly soiled
<p>6. Remove face shield</p> 	<ul style="list-style-type: none">• The front of the face shield is considered contaminated• Handle only by the rear strap and pull it up and over the head gently, allowing the face shield to fall forward• Place in waste receptacle
<p>7. Remove mask</p> 	<ul style="list-style-type: none">• Ties/straps are considered “clean” and may be touched with hands• Untie the bottom tie first, then the top <u>or</u> grasp straps with both hands• Pull forward off the head, bending forward to allow mask to fall away from face• Place in waste receptacle
<p>8. Perform hand hygiene</p> 	<ul style="list-style-type: none">• Alcohol-based hand rub (ABHR) is preferred• Use soap and water if hands are visibly soiled