

Watch for Ticks!



American dog tick

- Most common tick in Saskatchewan
- Does **NOT** transmit Lyme disease
- Twice as big as a deer tick
- White marks near head



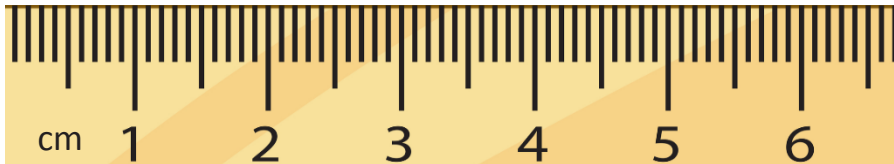
Approximately 5 mm

Blacklegged (deer) tick

- Occasionally found in Saskatchewan
- **Can carry Lyme and other diseases**
- Very small
- Fits in this circle ○



Less than 3 mm



Preventing Tick Bites

- Wear pants, a long-sleeved shirt and close-toed shoes or boots.
- Use insect repellent containing DEET or Icaridin.
- Check yourself, your children and pets after being outdoors.

Tick removal

- Remove any attached ticks promptly with tweezers.
- Grasp tick's head as close to the skin as possible and gently pull straight out.
- Submit a picture to eTick.ca for quick identification.

For more information, visit saskatchewan.ca/lyme or call HealthLine 811.

Lyme disease

- Lyme disease is a bacterial infection transmitted through the bite of **deer ticks**.

Symptoms

- Early symptoms may include fever, chills, headache, muscle and joint pain, fatigue or swollen lymph nodes.
- A red 'bull's-eye' rash may occur within 4 - 20 days.

Treatment

- Most cases can be successfully treated with antibiotics.

See your healthcare provider if you suspect you have a tick-borne disease such as Lyme.