

# Watch for Ticks!



Blacklegged (deer) ticks can carry Lyme and other diseases.



## American dog tick

- Most common in Saskatchewan
- Does **NOT** transmit Lyme disease



## Blacklegged tick

- Occasionally found in Saskatchewan
- **Can carry Lyme and other diseases**

## Protect yourself

- Wear pants, a long-sleeved shirt and closed-toe shoes or boots.
- Use insect repellent containing DEET or Icaridin.
- Check yourself, your children and pets after being outdoors.
- Remove any attached ticks promptly with tweezers.
- See your healthcare provider if you suspect you have a tick-borne disease such as Lyme.
- **Submit a picture to eTick.ca for quick identification.**
- **Keep ticks in a secure container. eTick may ask you to submit the ticks by mail.**



For more information, scan the QR code or call HealthLine 811.

PHIF 227 May 2021