


Routine HIV testing

is recommended in Saskatchewan.



Help your patients know their HIV status. It's a powerful thing you can do for them and others.

HIV is different now. Testing is easier. Prevention and treatment are better.

In Saskatchewan, adults should be offered testing for HIV at least once every five years. It's voluntary and confidential.

All patients aged 13 to 70 receiving primary or emergency health care who do not know their HIV status should be offered an HIV test.

Testing may be repeated more often for people at higher risk.

- Persons who are sexually active with multiple/successive long-term partners and have not had an HIV test in the last 12 months.
- Pregnant women.
- Patients assessed in a sexually transmitted infection (STI) clinic or seen in any health care setting for an STI or Hepatitis B or C.
- Persons with current or past history of illicit drug use.
- Persons from countries where HIV is endemic.
- Patients with active or latent tuberculosis (TB) and their contacts.
- Patients showing signs/symptoms that may be consistent with HIV-related disease.

HIV testing is inexpensive and counseling is straightforward.

Talk to your patients about the importance of being tested for HIV, what they can do to prevent it and what resources are available to them if they test positive.

HIV testing and counseling guidelines and resources to help you and your patients are available at www.skshiv.ca.