

A difficult court case has concluded...



How do I cope?

Let your Saskatchewan Juror Assistance and Support Program help

A legal court case involving a very difficult and tragic situation is extremely traumatizing for any person who was involved, either as a victim or as member of the jury. While coping with the case itself can be extremely challenging, dealing with the residual effects can be longer lasting if not handled effectively. Getting “back to normal” is no easy feat, but the Saskatchewan Juror Assistance and Support Program can play a critical role in your physical and emotional recovery. The program provides you with immediate and confidential professional counselling, dedicated to supporting you through the issues that may be impacting your life after this court experience. You can receive support either over the telephone or in person, based on your personal preference.

Is the service confidential?

Yes. The Saskatchewan Juror Assistance and Support Program is completely confidential within the limits of the law. No one, including the Government of Saskatchewan, will ever know that you have used the service unless you choose to tell them.

How much will it cost?

Four sessions have been extended to you by the Government of Saskatchewan, at no cost to you. If you need more specialized or longer-term support, your counsellor will help you select an appropriate specialist or service that can provide assistance. While fees for these additional services are your responsibility, some may be covered by your provincial or organizational health plan. Though the process of healing after a traumatic experience can sometimes be as intense or frightening as the traumatic event itself, with time and support, most people are able to get back on track and lead healthy lives.

To access your **Juror Assistance and Support Program**, call toll-free **1.866.294.5035**, the Shepell Employee and Family Assistance program number, and **identify yourself as a Juror**. Our professional counsellors are available to assist you 24/7/365.