

Ministry of Health Position Statement on Community Water Fluoridation

The Ministry of Health continues to support Community Water Fluoridation as a safe and effective public health measure in preventing tooth decay. Water fluoridation benefits all residents serviced by community water supplies regardless of their age, social or economic status.

The use of fluoride for the prevention of tooth decay is endorsed by over 90 national and international professional health organizations, including Health Canada, the Canadian Public Health Association, the Canadian Dental Association, the Canadian Medical Association and the World Health Organization.

In Saskatchewan, Community Water Fluoridation is endorsed by the Medical Health Officers' Council of Saskatchewan, the Saskatchewan Public Health Association, the College of Dental Surgeons of Saskatchewan, and the Saskatchewan Dental Therapists, Hygienists and Assistants Associations.

To ensure quality, effective, accountable health care, we need to base our decisions about programs and services on sound research and data.

For more than 60 years, studies continue to see the cost-effective benefit of community water fluoridation where people living in communities with fluoridated water have fewer cavities than those living where the water is not fluoridated.

The Medical Health Officers' Council of Saskatchewan support Health Canada's recommendation of a level of 0.7 mg/L as the optimal target concentration for fluoride in drinking water **with 1.5 mg/L being the maximal acceptable level for drinking water.**

The fluoridation of drinking water supplies is a decision that is made by each municipality in collaboration with the appropriate provincial authorities. Saskatchewan's Ministry of Health strongly encourages municipalities to provide fluoridated water to their residents.

For more information contact your [local public health office](#).